

2021 年度 第2学期 教養教育		日英区分: 英語
日本を元気に！健康寿命延伸ビジネスを考える Entrepreneur of Healthy Life Expectancy ; for Energetic Japan		
■ 講義番号	■ 科目区分	■ 学期
911428	教養教育科目	第2学期
■ ナンバリングコード	■ 教室	
NDGZ0LAFZ1—N	Building for General Education A36	
■ 必修・選択の別		
選択必修		
■ 単位数	■ 曜日・時限	
1	火1～2	
■ 担当教員（ローマ字表記）		
高柴 正悟 [TAKASHIBA Shogo]		

#### SDGs関連項目



#### ■ 対象学生

All Faculties

#### ■ 他学部学生の履修の可否

対象学生の項目を参照

#### ■ 連絡先

Phone: 086-235-6675

Email: stakashi@okayama-u.ac.jp

#### ■ オフィスアワー

Monday 8:30-9:00, Tuesday 17:00-17:30, Thursday 8:30-9:00 (Okayama University Hospital, Central Clinic, 4th floor, Dept. of Periodontal Science)

Since there are frequent changes, it would be helpful if you contact me by e-mail in advance! (Please use the official mail address of our university. Otherwise, it may be classified as junk mail and I may not be able to respond.)

#### ■ 学部・研究科独自の項目

Not relevant

#### ■ 使用言語

学生により日本語又は英語

#### ■ 授業の概要

Encouraging you to be an entrepreneur for healthy life expectancy in super-aged society in Japan, resulting active and energetic Japanese society and youth. This Professor proposes some hazy idea and offspring from his speciality and wanderings of reading. Let's invent the ways to carry them out by discussion with you with excitement.

#### ■ 学習目的

Invention of the way for "healthy savings / deposits" of individuals and our society. It needs to understand problems of modern society and to hope eagerly the future beyond your generation.

#### ■ 到達目標

Some basic abilities are required for this purpose as follows;

1. Information collection ability and analysis ability of the present situation 2. Upbringing ability of overview with the sense of ethics

- 3. Balance power of community service and self utility
- 4. Self expressive ability

## ■ 授業計画

1st June 15th

・Let's understand Japan and its society: "Condition of Japan" and "Anti-sociological Lecture"; Aiming "the art of teaching" in Okayama University

2nd June 22nd

・Beginning of recent Japan; "Mirror for Americans: Japan" and "Japan was defeated, and MacArthur"; Who knows!?

3rd June 29th

・Three fundamental capitals of Capitalism: Social common capitals; Overviewing the society surrounding us

4th July 6th

・Aging and anxiety for health; "Medical treatment and welfare for elderly" and "Lives in health-worried society"; Although anybody wants to extend one's healthy life,....

5th July 13th

・Pleasant life and the end "The medical treatment of "charity" to which miracle occurs" and "When I burn and put it out"; Think about "heart".

6th July 20th

・Environment and worth living "Satoyama renaissance", "Satoyama capitalism", "Satoumi capital"; Even Conference of the Parties (COP) paid attention. The country isn't good!

7th July 27th

・Implement to our society: "The innovation secrets of Steve Jobs" and "Soft-Landing Aging (SoLA); Aiming to be an entrepreneur for healthy life expectancy

8th August 3rd

・Prepare and submit your report: Healthy Life Expectancy for Energetic Japan; Examination

## ■ 授業時間外の学習(予習・復習)方法(成績評価への反映についても含む)

Have a doubt on current society, think about future, then feel anxiety and have dreams by your own hands.

Obtain any information as much as you can from textbooks, references, and information, and compare them to your preconceived idea and your hope/dream.

Anybody, who wishes one's healthy life, who wishes to contribute health sciences, are welcome to participate in this course!

However, you should have sense/motivation for improve yourself by studying even though you do not have preliminary knowledge.

All of participants should have seats.

Enjoy the discussion between you and professor/students in lecture. This is the pathway to prepare your reports.

## ■ 授業形態

(1)授業形態-全授業時間に対する[講義形式]:[講義形式以外]の実施割合

50% : 50%

(2)授業全体中のアクティブ・ラーニング

協働的活動(ペア・グループワーク、ディスカッション、プレゼンテーションなど)

やや多い

対話的活動(教員からの問いかけ、質疑応答など)

やや多い

思考活動(クリティカル・シンキングの実行、問いを立てるなど)

やや多い

理解の確認・促進(問題演習、小テスト、小レポート、授業の振り返りなど)

やや多い

(3)授業形態-実践型科目タイプ

該当しない

(4)授業形態-履修者への連絡事項

You are required to participate in discussions (including debates) and to prepare report.  
 Actually, Okadai moodle is used, so self-learning before and after is required.  
 Let us know in advance, if you need special care.

## ■ 使用メディア・機器・人的支援の活用

### 視聴覚メディア(PowerPointのスライドCD、DVDなど)

多い

### 学習管理システム(Moodleなど)

多い

### 人的支援(ゲストスピーカー、TA、ボランティアなど)

やや多い

### 履修者への連絡事項

Use prints (PDF), slide, video, Internet etc.

Actually, Okadai moodle is used, so self-learning before and after is required.

You are required to attend each lecture bringing your own notebook PC owned by each student during lecture time. You can connect to the Internet and collect information and ideas. (Strongly recommended)

We also use moodle.

There are many discussions (including debates) and I will use slides including Japanese and English languages.

There are also whiteboard writing

Let us know in advance, if you need special care.

## ■ 教科書

教科書1	ISBN	4480423567	
	書名	<a href="#">反社会学講座</a>	
	著者名	パオロ・マッツァリーノ著	
	出版社	筑摩書房	出版年 2007
教科書2	ISBN	4044000042	
	書名	<a href="#">アメリカの鏡・日本</a>	
	著者名	ヘレン・ミーズ [著] ; 伊藤延司訳	
	出版社	KADOKAWA	出版年 2015
教科書3	ISBN	4004306965	
	書名	<a href="#">社会的共通資本</a>	
	著者名	宇沢弘文著	
	出版社	岩波書店	出版年 2000
教科書4	ISBN	978-4-7890-1763-3	
	書名	<a href="#">進化する里山資本主義</a>	
	著者名	Japan Times Satoyama推進コンソーシアム編	
	出版社	ジャパンタイムズ出版	出版年 2020
教科書5	ISBN	4822248569	
	書名	<a href="#">スティーブ・ジョブズ驚異のイノベーション: 人生・仕事・世界を変える7つの法則</a>	
	著者名	カーマイン・ガロ著 ; 井口耕二訳	
	出版社	日経BP社	出版年 2011

### 備考

Be sure to read through one of them!

To purchase textbooks handled by the Okayama University Co-op, see the textbook information "Text-it".

Please check at <https://okadai.text.univ-coop.net/>.

## ■ 参考書等

参考書1	ISBN	4150503788	
	書名	<a href="#">ハーバート・白熱教室講義録+東大特別授業</a>	
	著者名	マイケル・サンデル著 ; NHK「ハーバート・白熱教室」制作チーム, 小林正弥, 杉田晶子訳	
	出版社	早川書房	出版年 2012
参考書2	ISBN	4062880008	
	書名	<a href="#">世界は分けてもわからない</a>	
	著者名	福岡伸一著	

参考書3	出版社	講談社	出版年	2009
	ISBN	978-4-16-791289-5		
	書名	サイロ・エフェクト: 高度専門化社会の罠		
	著者名	ジリアン・テット著; 土方奈美訳		
参考書4	出版社	文藝春秋	出版年	2019
	ISBN	9784492533871		
	書名	Life shift (ライフシフト): 100年時代の人生戦略		
	著者名	リンダ・グラットン, アンドリュー・スコット著; 池村千秋訳		
参考書5	出版社	東洋経済新報社	出版年	2016
	ISBN	978-4-7790-6106-6		
	書名	奇跡が起きる「仁」の医療: 笑顔で最期を迎える生き方		
	著者名	岡原仁志著		
	出版社	幻冬舎ルネッサンス	出版年	2014

#### 備考

I would like you to find out various things by yourself, starting from this information. And I want you to tell the teacher in charge.

#### 成績評価の方法

No written examination.

However, you should report resume and opinion/comment at each lecture. The A4 sheet of paper will be distributed at each lecture.

You should reports what you learned, what you questioned. The report should be your "showtime".

Number of attendance must fill full the requirement of Okayama University. For absence to be acknowledged as presence, have a look at the following site;

[http://www.okayama-u.ac.jp/tp/life/kouketsu\\_g.html](http://www.okayama-u.ac.jp/tp/life/kouketsu_g.html)

(This site is in Japanese. If you need assistance, consult the officers at educational affairs section.)

Enjoy the discussion between you and professor/students in lecture.

This is the pathway to prepare your final report, and submit it at the end of series of lectures.

#### 受講要件

In Japan that has become a super aging society, this professor seeks young people with "dreams"!

(Students who want to "graduate" themselves and to brighten society with a dream in "New Style War")

#### 教職課程該当科目

Not relevant

#### JABEEとの関連

- a) Ability to consider things in a multifaceted manner from the global perspective and its nurturing
- (e) Design ability to solve social demands by utilizing various science, technology and information
- (f) Communication skills such as logical description ability, oral presentation ability, discussion
- (g) Ability to independently and continuously learn

#### SDGs関連項目

(保健)あらゆる年齢のすべての人々の健康的な生活を確保し、福祉を促進する。

(経済成長と雇用)包摂的かつ持続可能な経済成長及びすべての人々の完全かつ生産的な雇用と働きがいのある人間らしい雇用 (ディーセント・ワーク)を促進する。

(持続可能な都市)包摂的で安全かつ強靭 (レジリエント)で持続可能な都市及び人間居住を実現する。

#### 実務経験のある教員による授業科目

Applicable

This Professor proposes some hazy idea and offspring from his speciality and wanderings of reading. Let's invent the ways to carry them out by discussion with you with excitement. He will present his research results for undergraduate students with socially accepted words and phrases as "showtime".

These materials would include what you study, learn, and use daily in your near future, and encourage you to be an entrepreneur for healthy life expectancy.

#### 備考/履修上の注意

This professor in charge is a dentist, and involved in establishing a venture company with research results at the university, we are doing business of "extension of healthy life span".

This subject is subject to lottery.

Only students who have won the lottery or students who have won the additional recruitment on the Web can take this course.

Please check the bulletin board of your faculty and the official website of Okayama University, and register for the lottery within the specified period.

[http://www.okayama-u.ac.jp/tp/student/kyomu1\\_5.html](http://www.okayama-u.ac.jp/tp/student/kyomu1_5.html)

